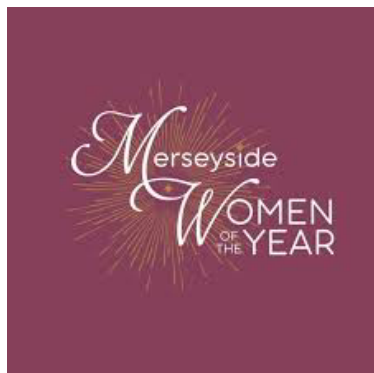




THE POSITIVI-NEWS

MERSEYSIDE WOMAN OF THE YEAR FINALIST

Our CEO, the amazing Rachel Daley, was nominated by Annie and Tamara for the Merseyside Woman of the Year award. Rachel's hard work with The Positivitree has seen her receive special recognition, by being shortlisted at this year's Merseyside Women of the Year Awards. Nominated in the Women Making a Difference category, Rachel attended the awards



at the Crowne Plaza hotel in Liverpool on 1 July following a two-year hiatus due to the pandemic. Speaking to the Liverpool Echo, Rachel said “You can’t do an amazing job of looking after your child and their needs if you’re not looking after yourself, so it’s about reminding the parents and carers in our community that they’re important too.”

Speaking about her nomination, Rachel said: “It’s absolutely lovely to be nominated. The line up of women who’ve been shortlisted is incredible so I’m very proud to be named amongst them. It’s lovely that the girls from work nominated me.”

Rachel was awarded Runner Up on the day of the awards and we’re incredibly proud of her. She’s been an inspiration to a lot of us and has raised the profile of The Positivitree tremendously. But for Rachel, the thing she's most proud of is Jack's recovery, with her son set to start high school in September. She said: “He’s great, he’s doing really well. He’s our Director of Inspiration and he’s already got himself lined up to work for the charity when he’s older.”

Well done Rachel!



MARATHON



Making it a family affair as always, Lee Daley, Co-Founder of The Positivitree, is currently training for his first marathon later this year in Loch Ness, Scotland. Lee has never run a marathon before, so this is a huge personal challenge for him.

Click [here](#) to listen to Lee's reasons for taking on this fundraising quest for The Positivitree and if you'd like to contribute, click [here](#) to donate via Just Giving.

NATIONAL DIVERSITY AWARDS NOMINATION

Just as we'd got used to Rachel being nominated for Merseyside Woman of the Year, we received news that The Positivitree has been shortlisted for the National Diversity Awards. Out of 72,000 nominations

The Positivitree has made the shortlist of 8 for a national award in the category 'Community Organisation - Disability'

National Diversity Awards 2022
In association with **itv NEWS** www.nationaldiversityawards.co.uk | #NDA22

2022 SHORTLIST
COMMUNITY ORGANISATION AWARD
DISABILITY

- ALS ARC
- MUSHROOM THEATRE ARTS
- THE DISABILITY UNION
- OWL BLUE
- THE LUNA PROJECT
- THE POSITIVITREE
- SEND SOCIALS BIRMINGHAM CIC
- SHINE 21 DORSET DOWN SYNDROME BUDDY CLUB

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Speaking about the nomination, Rachel said "(I'm) absolutely stunned, delighted and so grateful to everyone who supports our work. Local recognition is one thing but to be a finalist on a national basis is a little bit mind blowing"

National! This is going to be great exposure for The Positivitree to be featured on a national stage. Regardless of what happens at the awards, to get down to the final 8 is phenomenal. We're so proud of Rachel, our Volunteers and Members for helping to make us what we are today and we're looking forward to seeing what the future holds.

Exciting times ahead.

CRADLE TO CAREER: SERVICE COLLABORATION FUND

We are delighted to have received funding for our partnership with Open Door Charity, Utopia Project & Future Yard in North Birkenhead. Our provision includes:

- * Mosh Tots Gigs with Future Yard
- * Colours - peer mentor training programme with Open Door Charity - become a mentor to support others in your community.
- * Parental Empowerment Workshops;
 1. De-escalation Strategies to Support My Child
 2. Exploring CBT to help overcome my child's worries.
 3. How Attachment and Trauma Impacts Behaviour.
 4. Supporting Children with ADHD and Autism
- * SEND Peer Support from a qualified Community Life Coach



Registration is open to all residents, workers and those attending school in North Birkenhead. Click [here](#) to register for POD FUN Birkenhead project.

SUNRISE YOGA, VALE PARK BANDSTAND

Throughout July we will have a series of community yoga fundraising sessions available, every Tuesday, Wednesday and Friday morning at 6.45am.

Anyone aged 16+ can attend the sessions and all must complete a Physical Activity Readiness Questionnaire (only one form needs completing for all sessions) Click [here](#) to register for yoga in the bandstand.



ONLINE PEER SUPPORT FOR PARENT- CARERS AND PROFESSIONALS

- [Parent-Carer Online Peer Support](#)
- [Professionals and Practitioners Online Peer Support](#)



DIGITAL INCLUSION PROJECT

Digital exclusion is a key issue amongst parent-carers in Wirral. Socially excluded people such as those of low economic status (which make up around 70% of our current parent-carer beneficiary group), of older age and with a disability (many of our parent-carers have their own health issues and/or disabilities) are more likely to be digitally excluded.



Wirral parent-carers are included in these categories of social isolation and having disabilities, and are therefore missing out on the benefits the internet/digital tools can bring to them.

This project will reduce digital exclusion, improve parent-carer IT skills, decrease social isolation and improve overall wellbeing of the parent-carer community. More info to follow in the coming weeks.

SUMMER SUPPORT GROUPS

We will continue to run our Monday group throughout the summer in Wallasey at St Lukes Church 'The Spire' from 9.30-11.30, the cafe serves a range of breakfast items and children are welcome.

On Wednesday mornings we will have a drop in/stay and play at Brassey Gardens in Birkenhead. All other groups will start again in September.



SOUND HEALING

Please join our facebook group for information on the sound healing sessions throughout summer.



NEED HELP?

If you have any questions, or wish to access 1-1 support please get in touch.

